Here are the formatting guidelines from the 6th edition of the APA manual:

*Times New Roman, 12-point font
*Double-spaced
*1-inch margin on all sides of the page
*Running head on every page, including the title page

Title page:

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Running head: THE EFFECTS OF DOING A RESEARCH PAPER AT THE LAST MINUTE
```

All other pages:

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THE EFFECTS OF DOING A RESEARCH PAPER AT THE LAST MINUTE
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*The title page includes: title, author, and institution (you can also add the campus)

[Ask your professor what other information is required on the title page.]

*Abstract (not always required, depending on your professor)

*References (your citations page)

Example paper: [APA sample paper](https://example.com/apa-sample-paper)